



Raising a Healthy Child during Flu Season with Dr. Tanya Altmann, MD, FAAP

Dr. Altmann will also cover topics such as Screen Time, Allergy Updates, and will have an open topic Q&A Session

Thursday, Nov. 5
8:30 A.M.
IRDS Staff Lounge

A working mother and UCLA-trained pediatrician who practices in Southern California, Dr. Tanya Remer Altmann is a best-selling author, network television parenting expert, and entertainment industry consultant. Dr. Tanya is an American Academy of Pediatrics spokesperson, approved by the national physician organization to communicate complicated medical issues into easily understood concepts.

As a child health expert for numerous news programs and talk shows, including Today (NBC) and KTLA 5 Morning News @9 (CW Los Angeles), Dr. Tanya has discussed breaking medical news stories and controversial parenting issues.



Dr. Tanya has a broad understanding of the most recent medical developments. She is a spokesperson for the American Academy of Pediatrics, an Assistant Clinical Professor at Mattel Children's Hospital at UCLA and is the Chief Medical Advisor for the Newborn Channel.

After 14 years in a busy pediatric practice, Dr. Tanya founded Calabasas Pediatrics, a concierge practice providing personalized pediatric health care with an emphasis on nutrition, a healthy lifestyle and preventive medicine. She loves being able to spend more time with her patients and be available to them after hours and on weekends, when they often need her most.

