

HOLIDAF:

Holiday + Daf (= sheet) is a “HOLIDAF”

Rosh Ha'Shana

5777 / 2016-17



Here's to a new year, to a new round of “Holidaf” information and ideas to help you get into the holiday spirit. In this specific vol. you'll be able to find the following:

- A Sephardic tradition for a Rosh Ha'Shana seder.
- The blessings for the first night.
- A collection of 10 ideas to help you set the holiday's mood in your home.

Chag Sameach (This holiday is definitely one of my favorites.... Maybe even in my top three...).

Bat-hen.

Did you know that there is a Talmudic tradition for a Rosh Ha'Shana seder?



If you're interested in trying to lead one this year, please enjoy this summarized seder explanation:

The seder itself has its origins in the Talmud (Horayot 12a) where Rabbi Abaye writes about eating those foods that grow in abundance at this time of the year, symbolizing our hopes and dreams for the coming year. The seder itself is called, "Seder Yehi Ratzon," ("The seder of God's will") and begins with prayers asking that we be blessed with bounty, strength and peace. Seven bowls are arranged in a circle on the table, with a different fruit or vegetable in each one. We use dates, pomegranates, apples and honey, string beans, pumpkin, spinach and scallions. Traditionalists place a fish head or sheep's head in the center. For those who don't have the stomach for an animal's noggin, a head of lettuce works just as well.

The Rosh Hashanah Haggadah contains readings from Genesis which describe the creation of the world and when and how to eat the symbolic foods. As each bowl is passed around, each guest samples its contents while the seder leader makes each specific blessing.

The seder concludes with the passing of the head of lettuce. As each person breaks off a piece, the leader prays, "May it be Your will, Adonai, that we be heads, not tails. Leaders, not followers, never stragglers but at the head of what is right and what is good in the year to come."

Then, just like on Passover, a festive meal is served. Shanah tovahs are exchanged with hugs and kisses all around.

Mini-Haggadah

In Sephardic Jewish homes there are several ways to prepare and conduct the Rosh Hashanah seder. To conduct the seder, you'll need seven bowls placed in the center of the table. Each bowl is filled with one of the following:

- Dates
- Pomegranates
- Apples and honey
- String beans
- Pumpkin
- Spinach and scallions
- Fish head/sheep's head (or head of lettuce)

The leader begins the seder.

Leader: Seder Yehi Ratzon

The group responds: Seder Yehi Ratzon ... Baruch HaShem.

Dates (Tamarim)

Pass around the bowl and have each person take one date.

Leader: May It be your will, G-d, that all fighting will end. May we date this New Year with Peace and Happiness.

Group: Ken Yehi Ratzon.

All take a bite.

Leader: "Baruch atah Adonai, elohenu melech ah-olam, borei p're ha-etz. Blessed are you, Adonai, Ruler of the universe who has created the fruit of the tree."

Pomegranate (Rimon)

Pass the bowl around and have each person take a piece of pomegranate or one fig.

Leader: May it be your will, G-d, that in this new year we keep your commandments.

Group: Ken Yehi Ratzon.

All take a bite.

Apples and honey (Tapuah ba-d'vash)

Pass around the apple slices and have each person hold a dipped slice.

Leader: May it be Your will, G-d, to renew for us a year that is as good and sweet as honey.

Group: Ken Yehi Ratzon.

Eat the apples.

Sing "Apples and Honey for Rosh Hashanah."

String Beans (Rubia)

Pass around the beans.

Leader: May it be your will, G-d, that we increase our merits.

Group: Ken Yehi Ratzon

Leader: Baruch atah Adonai, eloheinu melech ha-olam, borei p'ri ha-adamah. Blessed are you, Adonai, ruler of the universe, who has created the fruit of the earth.

Pumpkin or Gourd (K'ra)

Pass pumpkin around.

Leader: As we eat this pumpkin, may it be Your will, G-d , to guard us. Tear away all evil decrees against us and remember the good things we have done in the past and will do in the new year.

Group: Ken Yehi Ratzon.

Eat the pumpkin.

Spinach or Beetroot Leaves (Selek)

Pass them around, each person taking a leaf.

Leader: May it be Your will, G-d, to banish all the enemies who might beat us.

Group: Ken Yehi Ratzon.

Leeks or Scallions (Karti)

Pass these around the table.

Leader: May it be Your will, G-d, that mazel (good fortune) find us in the year to come.

Group: Ken Yehi Ratzon

Fish head/Sheep's Head/Head of lettuce

Pass the head around with each person taking a piece.

Leader: May it be Your will, G-d, that we be heads, not tails. Leaders, not followers, never stragglers but at the head of what is right and what is good in the year to come.

Group: Ken Yehi Ratzon.

Sing "Hi Ne Ma Tov."

(Taken from:

http://www.interfaithfamily.com/holidays/rosh_hashanah_and_yom_kippur/The_Rosh_Hashanah_Seder_Who_Knew.shtml)

What are the blessings for Rosh Ha'shana eve?



The blessings are divided into four parts:

1. **Candle lighting**
2. **Evening Kiddush**
3. **Shehecheyanu**
4. **Blessing for apples and honey**

** The words in [brackets] should be read only on Shabbat.

בָּרוּךְ אַתָּה יְיָ אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם

Barukh atah Adonai, Eloheinu, melek ha'olam

Blessed are you, Lord, our God, sovereign of the universe

אֲשֶׁר קִדְּשָׁנוּ בְּמִצְוֹתָיו וְצִוָּנוּ

asher kidishanu b'mitz'votav v'tzivanu

Who has sanctified us with His commandments and commanded us

לְהַדְלִיק נֵר שֶׁל [שַׁבָּת וְשֶׁל] יוֹם טוֹב: (אָמֵן)

l'had'lik neur shel [shabbat v'shel] yom tov (Amein)

to light the candles of [Shabbat and of] the holiday (Amen)

בָּרוּךְ אַתָּה יְיָ אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם

Barukh atah Adonai, Eloheinu, melek ha'olam

Blessed are you, Lord, our God, sovereign of the universe

בוֹרֵא פְּרֵי הַגָּפֶן (אָמֵן)

borei p'ri hagafen (Amein)

Who creates the fruit of the vine (Amen)

שֶׁהַכֹּל נִהְיָה בְּדַבָּרוֹ (אָמֵן)

shehakol nih'yeh bid'varo (Amein)

Who made all things exist through His word (Amen)

בָּרוּךְ אַתָּה יְיָ אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם

Barukh atah Adonai, Eloheinu, melek ha'olam

Blessed are you, Lord, our God, sovereign of the universe

אֲשֶׁר בָּחַר בָּנוּ מִכָּל עַם וְרוֹמַמְנוּ מִכָּל לָשׁוֹן

asher bachar banu mikol am v'rom'manu mikol lashon

who has chosen us from among all people, and exalted us above every tongue

וְקִדְּשָׁנוּ בְּמִצְוֹתָיו וְתַתֵּן לָנוּ יְיָ אֱלֹהֵינוּ בְּאַהֲבָה

v'kid'shanu b'mitz'vatav vatiten lanu Adonai Eloheinu, b'ahavah

and sanctified us with His commandments, and you gave us, Lord our God, with love

אֶת יוֹם [הַשַּׁבָּת הַזֶּה וְאֶת יוֹם]

et yom [hashabat hazeh v'et yom]

with love this day of [Sabbath and this day of]

הַזְכָּרוֹן הַזֶּה יוֹם [זְכָרוֹן] תְּרוּעָה

hazikaron hazeh yom [zikh'ron] t'ru'ah

remembrance, a day of [remembrance of] shofar blowing [with love]

[בְּאַהֲבָה] מִקְרָא קֹדֶשׁ זֵכֶר לִיציאת מצרים

[b'ahavah] mik'ra kodesh zeikher litzi'at mitz'rayim

[with love] a holy convocation, a memorial of the exodus from Egypt

כִּי בָנוּ בְּחַרְתָּ וְאוֹתָנוּ קִדְּשָׁתָּ מִכָּל הָעַמִּים

ki vanu vachar'ta v'otanu kidash'ta mikol ha'amim

Indeed, You have chosen us and made us holy from all peoples

וְדְבָרְךָ אֱמֶת וְקַיָּם לְעֶד

ud'var'kha emet v'kayam la'ad

and Your word is true and established for ever.

בָּרוּךְ אַתָּה יְיָ מֶלֶךְ עַל כָּל הָאָרֶץ

Barukh atah Adonai melekh al kol ha'aretz

Blessed are You, Lord, our God, King over all the world,

מְקַדֵּשׁ [הַשַּׁבָּת וְ]יִשְׂרָאֵל וַיּוֹם הַזְכָּרוֹן (אָמֵן)
m'kadeish [hashabat v]yisra'eil v'yom hazikaron. (Amein)

Who sanctifies [the sabbath] and Israel and the Day of Remembrance. (Amen)

בָּרוּךְ אַתָּה יְיָ אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם

Barukh atah Adonai, Eloheinu, melekh ha'olam

Blessed are you, Lord, our God, sovereign of the universe

שֶׁהֵחֵינּוּ וְקִיַּמְנוּ וְהִגִּיעָנוּ לְזֶמַן תְּהֵא (אָמֵן)

shehecheyanu v'kiymanu v'higi'anu laz'man hazeh. (Amein)

who has kept us alive, sustained us, and enabled us to reach this season (Amen)

בָּרוּךְ אַתָּה יְיָ אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם

Barukh atah Adonai, Eloheinu, melekh ha'olam

Blessed are you, Lord, our God, king of the universe

בוֹרֵא פְּרֵי הָעֵץ (אָמֵן)

borei p'ri ha'eitz (Amein).

who creates the fruit of the tree. (Amen)

Take a bite from the apple dipped in honey, then continue with the following:

יְהִי רָצוֹן מִלְּפָנֶיךָ יְיָ אֱלֹהֵינוּ וְאֱלֹהֵי אֲבוֹתֵינוּ

y'hi ratzon mil'fanekha Adonai eloheinu vei'lohei avoteinu

May it be Your will, Lord our God and God of our ancestors

שְׁתַּחֲדֵשׁ עֲלֵינוּ שָׁנָה טוֹבָה וּמְתוּקָה

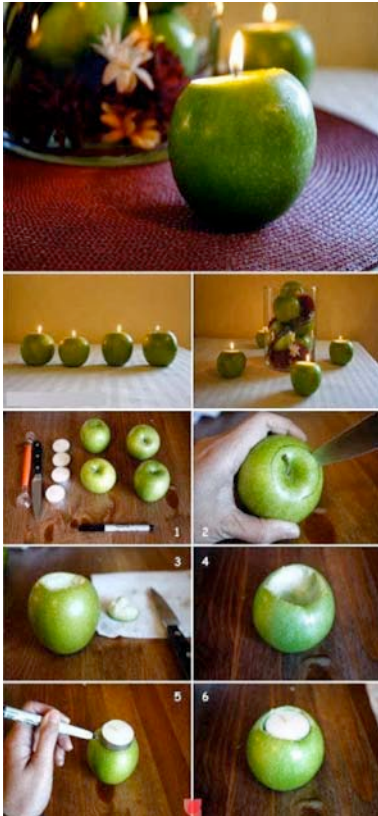
sh't'chadeish aleinu shanah tovah um'tukah.

that you renew for us a good and sweet year.

(Taken from: <http://www.jewfaq.org/prayer/roshhash.htm>)

A collection of ideas to help you get into the holiday's spirit (You are welcome to try them at home!):

1. Apple candles



<http://fitmommydiaries.blogspot.com/2013/10/diy-apple-candles.html>

2. Apple décor



<http://thisillygirlslife.com/2014/10/15-apple-home-decor-ideas/>

3. Honey candles as gifts

<http://hvgreen.blogspot.com/2012/01/meant-to-bee-using-honey-as-sweet.html>



4. Greeting cards



<http://www.creativejewishmom.com/2011/09/wine-cork-stamp-rosh-hashana-cards.html>

5. Apples dipped in honey



<https://www.pinterest.com/pin/455356212308477790/>

6. Honey Cake



http://www.williams-sonoma.com/products/honeycomb-cake-pan/?cm_src=AutoSchRel&cm_cat=POPSUGAR&cm_ven=AfShopPromo&bnrid=3517500&cm_ite=Std&cm_pla=IR&irgwc=1

7. Round Challah with honey



<http://www.joyofkosher.com/2015/09/become-a-challah-expert/>

8. Apple delights



How to Make a
Rose Apple Pie



<http://comfortablydomestic.com/2015/11/rose-apple->

[pie/](#)

<https://cookingwithmanuela.blogspot.com/2015/03/apple-roses.html?m=1>

9. Table decor that kids can help you make



<https://www.pinterest.com/pin/437764026262557114/>

<https://www.pinterest.com/pin/331014641339907978/>

<https://www.pinterest.com/pin/344384702739288404/>



10. Make for Rosh Ha'Shana and leave it for the Sukkah as well

<http://www.momsandcrafters.com/apple-craft-for-kids/>

11. Apple science activities – Something to do during the vacations days



Can you make apple seeds DANCE?





<http://littlebinsforlittlehands.com/erupting-apple-science-baking-soda-fizzy-activity/>

<http://preschoolpowolpackets.blogspot.com/2015/08/edible-bubble-science-with-apples.html>

<http://www.coffeecupsandcrayons.com/apple-seed-science-fun-kids/>